Internet safety technical taskforce

Social networking sites, Unwanted sexual solicitation, Internet harassment, and cyberbullying,

Michele L. Ybarra MPH PhD
Internet Solutions for Kids, Inc.
Roadmap for today’s discussion

Unwanted sexual solicitation and harassment

- Definitions
- What are the prevalence rates over time?
- What is the influence SNS have?
- How do the rates online compare to those offline?
- Are there other factors that we need to be aware of?
Growing up with Media Survey

- 1,588 households
- Online Survey
  - Baseline data: August and September, 2006
  - Follow-up: October – December, 2007 (76% rr)
- Eligibility criteria:
  - Youth:
    - Between the ages of 10-15 years
    - Use the Internet at least once a month for the last 6 months
    - English speaking
  - Adults
    - Member of the Harris Poll OnLine
    - Equally or most knowledgeable about youth’s media use
- Funded by the CDC (U49/CE000206)
Youth Internet Safety Surveys

- 1,500 households were surveyed
- Random digit dial telephone survey
- Eligibility criteria:
  - Youth:
    - Between the ages of 10-17 years
    - Use the Internet at least once a month for the last 6 months
    - English speaking
  - Adults
    - Equally or most knowledgeable about youth’s Internet use
- YISS-1 conducted 1999-2000; YISS-2 conducted in 2005 by Dr. David Finkelhor and colleagues at UNH
Frequent SNS use is growing

One of the two activities youth spend most time online doing.
...for boys and girls
...and across all ages
Internet harassment & CyberBullying
Internet harassment

What Youth Said...

- **Boy, 14:** “I have my own … website and I have my own page on it and someone posted something bad about me on it.”

- **Boy, 15:** “I was playing a first person shooter game and unintentionally offended this person who became very serious and began to threaten me by saying if this was real life he would physically harm me. [It happened because he] was unable to accept this was just a game.”

Quotes taken from the Youth Internet Safety Survey – 2 report (Wolak, Finkelhor, Mitchell, 2006)
Internet harassment: Definitions

Depends on the survey..

- **YISS1 & YISS2**
  - Rude or mean comments (YISS1 only)
  - Felt worried or threatened because someone was bothering or harassing them online
  - Someone has used the internet to threaten or embarrass them by posting or sending information for others to see

- **Growing up with Media**
  - Rude or mean comments
  - Threatening or aggressive comments
  - Spread rumors about youth, whether they were true or not
Internet harassment: Prevalence rates over time

- From YISS1 to YISS2, the prevalence rate of Internet harassment increased from 6% to 9% (Mitchell, Wolak, Finkelhor, 2006).

- In the Growing up with Media Survey, 34% reported harassment at baseline, 34% at follow-up
  - Frequent harassment: 8% reported being harassed monthly at baseline, 8% at follow-up
  - Continuity of harassed youth over time
    - 20% reported harassment at baseline and follow-up
    - 13% reported harassment at baseline only
    - 14% reported harassment at follow-up only
Internet harassment: Who is the harasser?

Based upon data from the YISS2 (Ybarra, Mitchell, Wolak, Finkelhor, 2006).

- 8%: Preadolescent (10-12 years old)
- 51%: Adolescent (13-17 years old)
- 21%: Young adult (18-25 years old)
- 2% Adult (26-40 years): 2%
- 18% Don’t know: 18%

The majority (59%) of harassment comes from other minors
Social networking sites and harassment

One of the two activities youth spend most time online doing

- % harassed in a social networking site

2006: 16% (9% harassed)
2007: 34% (16% harassed)
What is the likelihood SNS users will be harassed?

- In 2006, 61% of SNS users were harassed somewhere.
- In 2007, 50% of SNS users were harassed in SNS.

- 35% of SNS users were harassed in SNS in 2006.
- 37% of SNS users were harassed in SNS in 2007.
How do rates compare online and offline?

From GuwM

Defining Bullying

We say a young person is being bullied or harassed when someone else or a group of people repeatedly hits, kicks, threatens, or says nasty or unpleasant things to them. Another example is when no one ever talks to them. These things can happen at school, online, or other places young people hang out. It is not bullying when two young people of about the same strength fight or tease each other.
How do rates compare online and offline?

- School: 69%
- Internet: 87%
- Cell phones: 94%
- Community: 89%
- Other places: 87%

Colors:
- Monthly +
- Once / a few times
- Never
Impact of Internet harassment

About one in three youth targeted by Internet harassment report feeling very/extremely upset (or afraid) because of the incident:

- 30% in YISS-1
- 38% in YISS-2
- 25% in GuwM (wave 2)
Are there other factors?

<table>
<thead>
<tr>
<th>Type of psychosocial problem</th>
<th>YISS1</th>
<th>YISS2</th>
<th>GuwM W2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer problems</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interpersonal victimization / offline bullying</td>
<td>3.1 **</td>
<td>1.5 *</td>
<td>1.8 **</td>
</tr>
<tr>
<td>Social problems</td>
<td></td>
<td></td>
<td>2.4 **</td>
</tr>
<tr>
<td>Behavior problems</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Depression</td>
<td></td>
<td></td>
<td>2.3 **</td>
</tr>
<tr>
<td>Substance use</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alcohol use</td>
<td></td>
<td></td>
<td>2.3 **</td>
</tr>
<tr>
<td>Inhalant and other ‘hard’ drug use</td>
<td></td>
<td></td>
<td>4.7 **</td>
</tr>
<tr>
<td>Respond to stimuli with anger</td>
<td></td>
<td></td>
<td>1.07 **</td>
</tr>
</tbody>
</table>
The prevalence rate of Internet harassment appears to be stable.

SNS users are not significantly more likely to be harassed now in SNS then they were in 2006.

**School is by far the most common place** youth report being bullied (31%) versus elsewhere (e.g., 13% online)

The majority (59%) of Internet harassment comes from other minors

Youth who report being harassed online report a myriad of concurrent psychosocial problems offline too.
Unwanted sexual solicitation
What Youth Said…

- **Girl, 14**: “I was chatting on the Internet and this guy just popped up in an Instant Message and started talking really dirty to me and saying things that I had never heard of before. He told me he was 30 years old and then he said, ‘LOL’ (laugh out loud).”

- **Girl, 12**: “I went into the chatroom and they asked me if I wanted to have cybersex. I was asking them what kind of music they liked and stuff.”

- **Boy, 11**, who was playing an online game with a man, 20: “He asked me something personal, something about a man’s privates.”

Quotes taken from the Youth Internet Safety Survey – 2 report (Wolak, Finkelhor, Mitchell, 2006)
Defining unwanted sexual solicitation on the Internet

- Someone tried to get me to talk about sex online when I did not want to.

- Someone online asked me for sexual information about myself when I did not want to tell the person, e.g., really personal questions, like what my body looks like or sexual things I have done.

- Someone asked me to do something sexual when I was online that I did not want to do.
Unwanted sexual solicitation: Prevalence rates over time

- From YISS1 to YISS2, the prevalence rate of unwanted sexual solicitation decreased from 19% to 13% (Mitchell, Wolak, Finkelhor, 2006).

- In GuwM, 15% reported solicitation at baseline, 13% at follow-up
  - Frequent solicitation: 3.4% reported being harassed monthly at baseline, 3.4% at follow-up
  - Continuity of solicited youth over time
    - 6% reported solicitation at baseline and follow-up
    - 8% reported solicitation at baseline only
    - 7% reported solicitation at follow-up only
...and across all ages
Unwanted sexual solicitation: Who is the solicitor?

Based upon data from the YISS2 (Wolak, Mitchell, Finkelhor, 2006).

- 43%: 17 years of age and younger
- 30%: 18-25 years of age
- 9%: 26+ years of age
- 18%: don’t know

Roughly half (43%) of sexual solicitations come from other minors
Social networking sites and unwanted sexual solicitation

One of the two activities youth spend most time online doing

**% solicited in a social networking site**

- **2006**: 16%
  - 4%
- **2007**: 34%
  - 7%
What is the likelihood that SNS users will be solicited?

How do rates compare online and offline?

(From GuwM) **School-based sexual solicitation / sexual harassment**

The following question is about your experiences at school. In the past 12 months, did the following happen to you while you were at school?

- Someone tried to get me to talk about sex when I did not want to.
- Someone asked me for sexual information about myself when I did not want to tell the person, e.g., really personal questions, like what my body looks like or sexual things I have done.
- Someone asked me to do something sexual that I did not want to do.
How do rates compare online and offline?

<table>
<thead>
<tr>
<th></th>
<th>Online</th>
<th>Offline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly +</td>
<td>83%</td>
<td>87%</td>
</tr>
<tr>
<td>Once / a few times</td>
<td>14%</td>
<td>10%</td>
</tr>
<tr>
<td>Never</td>
<td>2%</td>
<td>3%</td>
</tr>
</tbody>
</table>
Impact of unwanted sexual solicitation

Across studies, about one in three solicited youth report feeling very/extremely upset (or afraid) because of the incident:

- YISS1: 26%
- YISS2: 31%
- GuwM: 39% (at Wave 2)

Youth solicited in social networking sites (42%) are no more likely than youth solicited elsewhere (35%) to be distressed by the incident (p=0.50).
## Concurrent psychosocial problems

Odds of psychosocial problems given report of unwanted sexual solicitation

<table>
<thead>
<tr>
<th>Type of psychosocial problem</th>
<th>YISS1</th>
<th>GuwM W2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver child relationships</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Poor emotional bond</td>
<td>1.1 *</td>
<td></td>
</tr>
<tr>
<td>Coercive discipline</td>
<td>1.2 *</td>
<td></td>
</tr>
<tr>
<td>Peer problems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interpersonal victimization / offline bullying</td>
<td>1.8 * - 1.9 *</td>
<td>2.0 **</td>
</tr>
<tr>
<td>Behavior problems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Symptoms of depression</td>
<td>3.0 ***</td>
<td></td>
</tr>
<tr>
<td>Troubled (e.g., negative life event, depression, child abuse)</td>
<td>1.7 **</td>
<td></td>
</tr>
<tr>
<td>Substance / alcohol use</td>
<td>2.6 ***</td>
<td>3.4 ***</td>
</tr>
<tr>
<td>Delinquent behavior</td>
<td>1.8 **</td>
<td></td>
</tr>
<tr>
<td>Weapon carrying at school</td>
<td>10.0 **</td>
<td></td>
</tr>
<tr>
<td>Life challenge</td>
<td>2.9 * +</td>
<td></td>
</tr>
</tbody>
</table>

Synopsis: The picture is very similar

- The rate of unwanted sexual solicitation overall is stable.
- SNS users are no more likely to be solicited in an SNS now then they were in 2006.
- **Similar** percentages of youth report being targeted by solicitation/harassment at school (13%) and online (10%)
- Almost half (43%) of sexual solicitations come from other minors. The overwhelming majority of targeted youth are 14 years of age and older.
- Youth reporting being targeted by unwanted sexual solicitation are reporting a myriad of concurrent psychosocial problems offline.
Implications for professionals working with youth

- The data do not support the assertion that youth are more likely to be sexually solicited or harassed online than offline.

- We need to do more to provide support and intervention for youth who are targeted by peer aggression, both online and offline.

- Most youth do not operate in a ‘vacuum’. What are we doing to treat children more globally and provide services that address all of their needs?
Final thoughts

- The majority of youth who use the Internet have positive experiences and report that none of these types of exposures occur.

- Youth having problems online are more likely to have problems offline. We need to be concerned about those reporting problems over time.

- We need to focus on the child, not the online application.
Thanks for your time

Michele@ISolutions4Kids.org